

Instructions to Patients Scheduled for EMG (Electromyography) Testing

Thank you for choosing Physical Medicine & Pain Physicians for EMG testing.

Please note the following instructions prior to EMG testing: -

1. Patients on coumadin or lovenox: should be off these medications until INR and or PTT is within normal limits (after consulting your doctor)
2. It is O.K. to be on aspirin, Advil, other NSAID's (non-steroidal anti-inflammatory drugs)
3. Please let the doctor know if you have any allergies to medicines, latex etc.
4. Please inform us if you have a history of a bleeding/clotting disorder, low platelets.
5. Please inform the physician if you have an external cardiac pacemaker, implanted cardioverter/defibrillator.
6. Please try and keep your hands and feet warm prior to testing.
7. Avoid applying lotion to arms and legs on the day of the procedure.
8. Please arrive at least 15 minutes before the scheduled test to complete paperwork.

If you would like to know more about the test or have questions, please call the Lombard office at 630.873.5425 to request an informational brochure or to speak to a physician prior to EMG testing.

Thank you.